

Holiday Homework 2016-17

Class-X English

Make a project on the following topic : Water - the elixir of life

Class X Science

Project Assignment

Prepare a project in any two of the following topics in a stick file

- 1) Which of the following should we try to maximise, minimize and which one to be in moderate levels in the food, for a healthy lifestyle: a) sodium b) carbohydrate c) fruits, vegetables and other plant foods d) vitamin e) saturated fat.
- 2) The ill effects of automobile exhausts, air pollutants from factories, power plant and smoke.
- 3) Visit your family doctor or any nursing home and collect information on:
 - a) Number of people suffering from hypertension
 - b) The range of blood pressure in normal males and females
 - c) Correlate their diet, body weight, lifestyle and blood pressure of persons in the data.
- 4) Study acidic and basic nature of vegetables and fruits.
- 5) Prepare a list of medicines to keep in our homes for treatment of common diseases.
- 6) List all the power plants in India. Find out their capacity. Describe any two in details.
- 7) Give a brief information about energy crisis. Provide data and paste photographs.
- 8) Provide information about water crisis and the data concerned. Discuss points of rectification also.

Class-X Mathematics

1. Project Work – History of zero (0) in own handwriting in Stick file.
2. HHW – Chapter 1 and 2 from NCERT book in separate HHW copy.

Class X- Social Science

FA-1

Activity (1) - Project

Prepare a project on survival skills

Introduction – search & rescue skills

First – Aid

Case Study (Any one)

Case study-Any one

Loss of Consciousness, Burns or Burn Injuries, Frost Bite, Bleeding, Electrocutation, Snake Bite, Fractures and Sprains, Poisoning, Heat Stroke, Dog Bite (A4 size paper in the Stick file)

Activity (2) – Assignment

Prepare an assignment on life of people in London

(A4 size paper in the Stick File)

Class-X FIT

- “What are the boon and Curse of Internet”. Explain in 150 words.(with logics and Examples)
 - Paste the Icons and Logo of five Social Networking Sites, Five ISPs, Five Online Shopping Sites.
 - Explain :- WWW, HTTP, Caching, DNS, URL, Intranet.
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हिन्दी – कक्षा – दशवीं (सिनियर ब्लॉक)

1. ' जल-संरक्षण की आवश्यकता ' विषय पर निबन्ध लिखिए । (150-300 शब्दों में)
2. दिव्यांगों के फोटो को बना उनके लिए उपलब्ध कराए जाने वाले साधनों, सुविधाओं का वर्णन करें ।
1. ऋतुओं एवं हिन्दी मासों के नाम लिखें एवं उनकी पाँच-पाँच विशेषताएँ बताएँ ।
2. श्रेष्ठ कवियों के पाँच कविताएँ याद करें व **Holiday Homework copy** में लिखें ।

हिन्दी – कक्षा – दशवीं (एम.सी.एम ब्लॉक)

1. ' जल-संरक्षण की आवश्यकता ' विषय पर निबन्ध लिखिए । (250-300 शब्दों में)
2. दिव्यांगों (विकलांगों) के फोटो बनाकर या चिपकाकर उनके लिए उपलब्ध कराए जानेवाले साधनों, सुविधाओं का वर्णन कीजिए ।
3. हिन्दी के सभी महीनों एवं ऋतुओं के नाम एवं उनकी पाँच-पाँच विशेषताएँ लिखिए ।

संस्कृत – कक्षा – दशवीं

घटिकानाम् निर्माणं कृत्वा समयस्य उल्लेखं कुरुत ।
9:00 वादने, 9.15 वादने, 9.30 वादने , 9.45 वादने

पाठ्यक्रमानुसारेण प्रतिसंधीनां पंच-पंच उदाहरणानि लिखत –
दीर्घ –
गुण –
वृद्धि –
परसवर्ग –
छत्वम् –
तुगागमः –
विसर्गस्य उवतम् –
विसर्गस्य रत्नम् –
